



SPA VALMONT MENU



*The prestigious Valmont Spa offers an exceptional range of relaxing and revolutionary treatments, guaranteed to reconcile body and spirit. Each treatment is a timeless experience, an energetic rebirth. The Valmont Spa invites you to discover an unmatched sense of harmony and serenity.
Welcome to a world of absolute well-being.*



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RITUALS



*Indulge yourself with one of our spa packages.
A combination of your favourite treatments guaranteeing the
most relaxing experience.*

« Hors du Temps » Ritual

- Private hammam (30')
 - « Anti-Stress » Massage (45')
- 75' / CHF 180.-

« Miel d'Ambre » Ritual

- « Miel d'Ambre » Scrub (30')
 - Traditional Relaxing Massage (60')
- 90' / CHF 280.-

« Écrin de Beauté » Ritual

- Traditional Relaxing Massage (60')
 - Valmont Facial (60')
- 120' / CHF 340.-

MASSAGES



The prestigious Valmont Spa offers a complete menu of massages created to provide a true source of unmatched wellbeing. Whichever your choice, you will be immersed into a state of exquisite relaxation.

Valmont toning and reshaping massage

- The silhouette is harmoniously redesigned, contours refined, skin texture finer and skin toned
50' / CHF 200.-

Signature Massage with a Candle

- Evoke your senses with an enveloping aromatic massage
60' / CHF 220.-

Ceremonial marocMaroc® Massage

- Foot Bath and Aromatic Scrub followed by a massage with stretching and hot stones
75' / CHF 220.-

MASSAGES



Traditional Relaxing Massage

- A personalized relaxing massage
60' / CHF 200.- | 90' / CHF 295.-

Deep Tissue Massage

- An optional private hammam (30')
- An intense 60-minute massage with firm pressure and slow movements to reach the deepest muscle layers
60' (without the massage) | 90' (with the massage) / CHF 245.-

Ayurveda Massage

- An indian massage with warmed aromatic oils used to rebalance energy flow
60' / CHF 205.-

Pregnancy Massage

(from 3 until 8 months of pregnancy)

- A prenatal massage for mother and baby adapted to your needs
60' / CHF 200.-

MASSAGES



Duo Massage

- A traditional relaxing massage in one of our double cabins
60' / CHF 400.- | 90' / CHF 590.-

« Anti-Stress » Massage

- A personalized Massage (back, neck and shoulders)
45' / CHF 160.-

Localized Relaxing Massage

- A massage of the area of your choice :
Back • Legs • Face
30' / CHF 110.-

Lymphatic Drainage

- A gentle technique that reduces fluid retention and activates the
body's healing abilities
60' / CHF 180.-

MASSAGES



Foot Reflexology

- Relieves stress and other emotions. Can help with digestive and sleep disorders
- Stimulates toxin elimination, blood and lymphatic circulation

30' / CHF 110.- | 60' / CHF 200.-

Massage subscription

(excluding Deep Tissue and Signature massage)

- 5h massage (valid 8 months)
CHF 875.-
- 10h massage (valid 8 months)
CHF 1650.-

VALMONT FACIALS



Since its creation, Valmont has been deploying all of its know-how in the anti—aging field. Valmont offers a wide range of professional skincare products, which combines expertise, product performance and the science of movement.

Through unique and exclusive treatment protocols, Valmont's treatments are unmistakable, in particular with reference to the « Butterfly movement », a gesture which gives a certain rhythm to the treatment. Each beauty ritual is inspired by the brands Swiss heritage.



VALMONT FACIALS



Hydration of Bisses

- Hydrating treatment
- This facial treatment is a deep-hydrating bath, the skin is re-plumped and dehydration wrinkles are visibly diminished.
60' / CHF 240.- | 75' / CHF 270.- | 90' / CHF 320.-



Energy of the Glaciers

- Revitalising treatment
- This stimulating treatment boosts cellular renewal. Wrinkles and fine lines fade away ;
leaving the complexion radiant and toned.
60' / CHF 240.- | 75' / CHF 270.- | 90' / CHF 320.-

VALMONT FACIALS



Luminosity of Ice

- Radiance-restoring treatment.
 - This treatment focus on facial reflexology and eliminates spot and shadow zones
 - The complexion immediately appears radiant, glowing and uniform.
- 60' / CHF 240.- | 75' / CHF 270.- | 90' / CHF 320.-



Lift from the Peaks

- Anti-ageing treatment
 - This specific facial works like a lifting, redesigning the oval, smoothing wrinkles and redensifying the skin.
- 60' / CHF 240.- | 75' / CHF 270.- | 90' / CHF 320.-

VALMONT FACIALS



Majestic Treatment

- Regenerating facial treatment
- This complete treatment for the face and cleavage offers a moment of pure pleasure with the exceptional Élixir des Glaciers treatment range. Your therapist combines three massage techniques, including Kobido - an age-old technique targeting facial muscles.
90' / CHF 390.-



All Valmont facial treatments include the application of a regenerating collagen mask.

Kobido facial massage

- Kobido is an ancestral Japanese facial art whose lifting massage stimulates the muscles and tissues of the face and neck, both on the surface and in depth.
- 100% natural, it acts on sagging skin, helps combat the signs of aging and improves lymphatic circulation. A deeply relaxing treatment.
60' / CHF 200.-



Discover new, beautiful and radiant skin with specialized facial care products. Face rituals developed by marocMaroc consist of gentle techniques combining with a mixture of surprising sensations insured to relax your facial features and chase away the signs of fatigue. The face products are suitable for any age group due to their rich formulas and onctuous textures.

« Cactéa » Facial

- Complete antioxidant and regenerating treatment with prickly pear for an immediate youthful effect.
 - Your skin is brightened, firmed and moisturized.
- 60' / CHF 175.-

« Firmness » Facial

For all nature lovers, evoke your senses with aromas of orange blossom, almond and rose.

- Rhassoul purifies the skin, tightens the pores and brightens the complexion.
 - A precise and effective facial modelling « the 20 manoeuvres » to combat the aging of the skin.
- 60' / CHF 165.-



HYDRAFACIAL MD®



This treatment guarantees the smoothest of skin using a machine to deeply cleanse, exfoliate and extract impurities. Adding exclusive serums to moisturize and protect the skin over the long term. HydraFacial uses patented technology achieving the most spectacular results.

« Signature HydraFacial by Valmont »

- Booster Hydrafacial (30')
 - A plumping facial massage (15')
 - A Valmont Regenerating Collagen Mask (30')
- 75' / CHF 320.-

Booster HydraFacial MD®

- A gentle facial cleansing with glucosamine
 - A gentle glycolic acid peeling
 - A painless extraction of blackheads with salicylic acid
 - An in-depth hydration with hyaluronic acid
- 30' / CHF 180.-

HYDRAFACIAL MD®



HydraFacial MD®

- A gentle facial cleansing with glucosamine
 - A gentle glycolic acid peeling
 - A painless extraction of blackheads with salicylic acid
 - An in-depth hydration with hyaluronic acid
 - LED light treatment
- 60' / CHF 295.-

Deluxe HydraFacial MD®

- A lymphatic drainage of the face
 - A gentle cleaning of the cleavage
 - A gentle cleansing of the face with glucosamine
 - A mild peeling based on glycolic acid
 - A painless extraction of blackheads with salicylic acid
 - An anti-wrinkle treatment with DermaBuilder
 - Deep hydration with hyaluronic acid
 - LED light treatment
 - Applying a collagen moisturizer
- 90' / CHF 375.-

DUO SUITE



Our « Fleur de Lotus » Suite offers an intimate and romantic experience. A hydromassage bath, a private hammam and two side-by-side massage tables will offer you a romantic and unforgettable experience for two.

Rental Suite for 2 People (1h)

- An intimate and romantic space for 2 people with hydromassage bath and private hammam
60' / CHF 240.-

Experience « Duo Suite » (2h30)

- An intimate and romantic space for 2 people with hydromassage bath and private hammam
 - A relaxing traditional massage (60')
150' / CHF 570.-

DUO SUITE



Experience « Richesse d'Arganier » (2h30)

- An intimate and romantic space for 2 people with hydromassage bath and private hammam
- A facial « Firmness Ritual » marocMaroc (60')
150' / CHF 500.-

Experience « Signature Massage » (2h30)

- An intimate and romantic space for 2 people with hydromassage bath and private hammam
- A signature massage with a candle (60')
150' / CHF 600.-

Tea, fruit juice and pastries offered.

HAMMAM



Experiences Hammam marocMaroc®

Each product is inspired by a story a ritual, an ingredient evoking a facet of Morocco. Preserving the origins of traditional Moroccan beauty, marocMaroc recalls and sublimates through its products : the generous black soap, the purifying rhassoul, the sweet almond or the virtuous rose water. All treatments carried out in our hammam are performed using products of the brand marocMaroc.

Private Hammam (max. 5 people)

Our hammam consists of three rooms with different temperatures. The first space is ambient, the second room has a warmer temperature, here you can enjoy tea and dried fruit and finally the hammam at a temperature of 45°C, this room is scented with eucalyptus oil.

At your disposal : makeup remover, black soap and Kessa glove.

45' / CHF 60.- (per person)

« Evasion » Hammam

- Private hammam
 - An application of black soap and a scrub with our Kessa glove
 - Exfoliation with « Miel d'Ambre » grains
- 60' / CHF 160.-



HAMMAM



« Temps pour Soi » Hammam

- Private hammam
 - An application of black soap and a scrub with our Kessa glove
 - Exfoliation with « Miel d'Ambre » grains
 - Shampoo and mask with scalp massage
 - Moisturizing wrap with the « Rose de Sucre »
- 90' / CHF 260.-

« Lumière sur le corps » Hammam

- Private hammam
 - An application of black soap and a scrub with our Kessa glove
 - Exfoliation with « Miel d'Ambre » grains
 - Shampoo and mask with scalp massage
 - Ceremonial marocMaroc massage
- 120' / CHF 340.-

MARTINE DE RICHEVILLE



Martine de Richeville FACE

A manual treatment for the face and neck combining effleurage, palpating-rolling and drainage with precision and firm movements. The face visibly relaxes, weakened skin regains its freshness and ability to defend itself.

Martine de Richeville BODY

A manual treatment that reshapes the silhouette, releases toxins, boosts circulation and oxygenates the skin.

Face Session

40' / CHF 160.-

10 Face Sessions Cure

CHF 1'400.-

Body Session

50' / CHF 190.-

10 Body Sessions Cure

CHF 1'700.-

BODY



Complementary Body Treatments

Make your experience unforgettable with our little extras...

Hydromassage bath

- Ideal before receiving body treatments
- Improves circulation by activating venous return
30' / CHF 90.-

Detoxifying Body Scrub

- Eliminates dead cells leaving the skin silky and soft
30' / CHF 85.- (add to an existing treatment)
45' / CHF 130.- (with application of a moisturizing cream)

BODY



Wrapping with Rhassoul

- Detoxifies and softens the skin
30' / CHF 60.- (add to an existing treatment)
45' / CHF 90.- (with application of a moisturizing cream)



Wrapping with Hydrating Cream

- Moisturizes and nourishes the skin
30' / CHF 60.-

BEAUTY



Well-being combined with beauty treatments from head to the tips of your nails.



WAXING



<i>Half legs</i>	<i>CHF 60.-</i>
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<i>Whole legs</i>	<i>CHF 90.-</i>
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<i>Armpits</i>	<i>CHF 30.-</i>
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<i>Arms</i>	<i>CHF 45.-</i>
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<i>Back</i>	<i>CHF 90.-</i>
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<i>Classical bikini</i>	<i>CHF 55.-</i>
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<i>Brazilian bikini</i>	<i>CHF 70.-</i>
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<i>Integral bikini</i>	<i>CHF 90.-</i>
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<i>Eyebrows</i>	<i>CHF 25.-</i>
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<i>Lips</i>	<i>CHF 20.-</i>
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<i>Face</i>	<i>CHF 50.-</i>
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TINTING SERVICES



Eyelashes

CHF 50.-

Eyebrows

CHF 45.-

Eyelashes & Eyebrows

CHF 85.-



BEAUTY OF HANDS



Manicure Spa

- Nail cutting, filling and cleaning
 - Nourishing mask and hand massage
 - Nail polish
- 60' / CHF 120.-

Express manicure (without nail polish)

- Nail cutting, filling and cleaning
 - Nourishing mask and hand massage
- 45' / CHF 80.-

Filing & Nail Polish (only)

30' / CHF 55.-

Add-on gel nail polish manicure

CHF 20.-

BEAUTY OF FEET



Pedicure Spa

- Foot bath with exfoliation
- Nail cutting, filing and cleaning
- Nourishing mask and foot massage
 - Nail polish

75' / CHF 135.-

Express Pedicure (without nail polish)

- Foot bath with exfoliation
- Nail cutting, filing and cleaning
- Nourishing mask and foot massage

45' / CHF 90.-

Filing & Nail Polish (only)

30' / CHF 55.-

Add-on gel nail polish pedicure

CHF 20.-

MEN



Tailor-made treatments specifically adapted to male skin for a moment of tranquility and total relaxation.

Valmont Tailored Facial*

A true hydration bath, the « Source des Bisses » moisturizes the driest of skin. The epidermis revives, smoothing the dehydration lines.

- Skin is durably hydrated, plumped and smoothed
- Lines are smoothed and tiredness erased
- The 60' treatment includes the application of a regenerating collagen face mask Valmont

45' / CHF 180.-

60' / CHF 240.-



MEN



Facial Booster HydraFacial MD®*

- Gentle facial cleansing with glucosamine
 - Gentle glycolic acid peeling
 - Painless extraction of blackheads with salicylic acid
 - In-depth hydration with hyaluronic acid
- 30' / CHF 180.-

Regenerating Collagen Mask Valmont*

- Intensely hydrates the skin, real rejuvenating facelift
 - Soothes redness, smoothed wrinkles and deeply relaxes tired features
- 30' / CHF 100.-

** Shaving : We do not recommend shaving before exfoliating or waxing. However, it is recommended to shave two to three hours before a facial treatment.*

MEN



Back Waxing

45' / CHF 90.-

Face Waxing

15' / CHF 20.- (per zone)

Manicure for Men

- Nail cutting, filing and cleaning
- Nourishing mask and hand massage

45' / CHF 80.-

Pedicure for Men

- Foot bath with exfoliation
- Nail cutting, filing and cleaning
- Nourishing mask and foot massage

60' / CHF 110.-

CHILDREN



Care card reserved for children from 7 to 12 years old. A range of treatments evocative of dreams and emotions, with gourmet notes from childhood.

“Rêve d’Ange” Ritual

- Honey wrap (30')
- The mini treatment of your choice: (30')
(mini massage / mini facial treatment / mini manicure / mini pedicure)
60' / CHF 150.-

Mini Massage

- Personalized massage adapted to the morphology and needs of children
30' / CHF 100.-

CHILDREN



Mini Facial Treatment

- Adapted care : cleansing, mask and massage for a pretty face.
30' / CHF 100.-

Mini Manicure or Pedicure

- Magic care to nourish and beautify little hands or feet
- Cutting, filing, massage and nail polish application
30' / CHF 100.-

Parents & Children Experience

- Tailor-made shared moment of relaxation

Little gourmet surprise included. The presence of an adult is required. All products intended for children are of natural and organic origin in order to guarantee the safety of care.



FITNESS



In the center of Geneva, located in the prestigious Fairmont Grand Hotel, 250m2 of luxurious space is dedicated to sport and wellness : Technogym machines, group classes, private coaching, indoor swimming pool, sauna and hammam.



FITNESS



Technogym at the Fairmont Grand Hotel Geneva has 26 machines with a TGS key system just waiting for you. Personalized and reviewed programs are adapted to your needs to achieve your fitness goals. Here, anything is possible. We are very proud to offer you one of the Geneva's largest indoor swimmingpool... You can go for a quiet swim, an aqua bike course, an aqua gym class or simply just a relaxing moment in one of our large hammocks after a treatment, this magnificent indoor pool will bring you complete relaxation.

Be privileged... Be part of the club!

Discover our subscription program :

GYM MEMBERSHIPS



GOLD MEMBERSHIP

Pool & Fitness

Access from 6:00 to midnight

Access to group classes

Free laundry service (48h)

2 hours of parking

GOLD 1 MONTH
CHF 600.-

GOLD 3 MONTHS
CHF 1600.-

GOLD 6 MONTHS
CHF 2600.-

1 invitation

2 invitations

3 invitations

*1 coaching**

*2 coachings**

*3 coachings**

20% discount on Spa Treatments

5% discount on products

Massage Family 60' CHF 125.- instead of CHF 200.-

**Valid 2 months*

GYM MEMBERSHIPS



CLASSIC MEMBERSHIP

Pool & Fitness

Access from 6:00 to midnight

Access to 10 group classes with a CHF 450.- complementary plan

CLASSIC 3 MONTHS

CHF 1300.-

Access from 6 am to midnight

CLASSIC 6 MONTHS

CHF 2000.-

Access from 6 am to midnight

PERSONAL TRAINING



PERSONAL TRAINING

	<i>Member's price</i>	<i>Non-member's price</i>
<i>1 session of 60'</i>	<i>CHF 120.-</i>	<i>CHF 150.-</i>
<i>10 sessions of 60'</i>	<i>CHF 1000.-</i>	<i>CHF 1500.-</i>
<i>20 sessions of 60'</i>	<i>CHF 1500.-</i>	<i>CHF 2250.-</i>



DAY PASS



Day Pass

*Access to swimming pool, fitness, sauna and hammam from
10:00 to 19:00.*

MONDAY-SUNDAY

1 pass (from 16 years old) CHF 100.-

1 pass (from 9 to 15 years old) CHF 70.-

1 pass (from 4 to 8 years old) CHF 35.-

1 pass (3 years or below) Free

FURTHER INFORMATION



Book an appointment

We recommend that you reserve treatments and rituals in advance to avoid disappointment. If you are staying at the hotel, dial Spa (or 9444) from your room. From outside the hotel, dial +41 (0) 22 908 94 44.

Arrival

To take full advantage of your experience, we invite you to come to the spa 15 minutes before your appointment time to complete our health questionnaire and change.

Delay

We draw your attention to the fact that delays will result in a reduction time for the expected treatment duration in order to ensure our punctuality for our next client.

Booking and cancellation policy

All appointments are recorded with your credit card number. If you wish to reschedule or cancel your appointment, please contact us 24 hours in advance to avoid a 50% cancellation fee. Unknown absences will result in the billing of 100% of the planned services (cures and coaching sessions included).

FURTHER INFORMATION



Health considerations

When booking, please indicate whether you are pregnant or suffering from hypertension, allergies or any other pathology that could affect the smooth running of your experience. This information should also be written on your health questionnaire upon arrival; it will help us to suggest the most appropriate treatment for you.

Mobile phones

In order to maintain a calm and relaxing environment and respect the privacy of all guests, please turn off all your mobile devices during your visit.

Personal and valuables

We decline any responsibility for any loss, theft or damage caused to your personal belongings during your visit. Please keep them in a closed locker (your shoes too).

FURTHER INFORMATION



Age and Dress Requirements

Treatments

Facial, massages and body treatments are open to clients aged 16 years (with parental permission) and older. Manicure and pedicure services are open at any age. For your comfort, we provide you bathrobe and slippers. Your therapist will also provide you with disposable underwear before the treatment begins. All our therapists are qualified professionals, which guarantees you maximum service quality and integrity. However, our massages are non-therapeutic and are not like any medical or paramedical practice.

Gym and relaxation area

A minimum age of 14 is required for access to the gym, sauna and hammam. Children under 16 years of age must be accompanied by an adult. The use of shoes and a fitness suit for exercise are mandatory in our gym.

Swimming-pool

Our swimming pool is not supervised by a lifeguard, swimming is entirely your responsibility. Children of all ages are welcome from 10:00 to 18:00. However, we ask children under the age of 16 to be accompanied by an adult. After 18:00 the pool is reserved only for guests over 16 years of age. For hygiene reasons, we ask all our guests to take a shower before entering the pool. Please note that our relaxation area (swimming pool–hammam–sauna) is a mixed area.

FURTHER INFORMATION



OPENING HOURS

Treatments

10:00-20:00

Swimming-pool and fitness

06:00-00:00 (for fitness members and hotel guests)

10:00-20:00 (for outside guests)

Please note that the opening hours may change and preferably refer to the official site www.spageneva.ch

Sauna and hammam

07:30-21:30 (for fitness members and hotel guests)

10:00-20:00 (for outside guests)

To contact us

Dial Spa (or 9444) directly from your room

Phone number: +41 22 908 94 44

Whatsapp: +41 79 701 61 10

Instagram: [@spavalmontgeneva](https://www.instagram.com/spavalmontgeneva)

www.spageneva.ch

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