



Weekly Collective Class Schedule

Please note that registration to collective classes is required 24h in advance.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00						AQUAGYM 10:00-11:00	SWISS BALL TONIC 10:00-11:00
10:30		AQUAGYM 10:30-11:30	SWISS BALL TONIC 10:30-11:30				
11:00					STRETCH PILATES 11:00-12:00		STRETCH PILATES 11:00-12:00
11:15						BOOTY PUMP & LEGS 11:15-12:00	
12:15			PILATES 12:15-13:15				
12:30	AQUABIKE 12:30-13:15	BOOTY PUMP & ABS 12:30-13:15		LATINO DANCE 12:30-13:15			
18:00		CAYCEDIAN SOPHROLOGY 18:00-19:00		YOGA 18:00-19:00			
18:30		YOGA 18:30-19:30		AQUAGYM 18:30-19:30			
19:00	MOBILITY FULL BODY 19:00-19:45		AQUABIKE 19:00-19:45				

Price per class : CHF 70